COVID-19

HAWAI`I STATE DEPARTMENT OF HEALTH

COVID-19 Interim Return to Work Guidance

Situation	Testing/Isolation/Quarantine	Outcome

COVID-19-LIKE SYMPTOMS
• Fever (>100.4°F) or chills
• Cough
• Shortness of breath or difficulty breathing
• Fatigue
• Muscle or body aches
• Headache
• New loss of taste or smell
• Sore throat
• Congestion or runny nose
• Nausea or vomiting or diarrhea
	• **TEST FOR COVID-19**
	• Self-isolate pending results of COVID-19 testing
	• Provider should consider testing for influenza and other common pathogens
		• **POSITIVE** COVID-19 test (**UNVACCINATED AND FULLY VACCINATED[1]**):
		 o Remain at home except to seek medical care, see Home Isolation and Quarantine Guidance
		 o May return to work when **all** the following conditions are met:
		  ▪ 10 days have passed since symptoms first appeared, or if no symptoms, 10 days have passed after positive COVID-19 test was collected **AND**
		  ▪ At least 24 hours with no fever without use of fever-reducing medications **AND**
		  ▪ Symptoms have improved or resolved
		 o Employer should **not** require a negative COVID-19 test or clinician's note to return if **all** the conditions above have been met
		• **NEGATIVE** COVID-19 test (**UNVACCINATED AND FULLY VACCINATED[1]**):
		 o May return to work if symptoms resolving **and** no fever for 24 hours without use of fever-reducing medications

CLOSE CONTACT WITH A PERSON WITH COVID-19 A close contact is defined as being within 6 feet of a person with COVID-19 for 15 minutes or more over a 24-hour period (regardless of mask use) **or** had direct contact with secretions from the person with COVID-19 See Home Isolation and Quarantine Guidance	**UNVACCINATED CLOSE CONTACT:** • **TEST FOR COVID-19**, even if no symptoms • **Must** quarantine for 10 days[2] after date of last exposure • If continued exposure, **must** quarantine for 10 days[2] after person with COVID-19 finishes isolation **FULLY VACCINATED[1] CLOSE CONTACT:** • If no symptoms, **no** quarantine • Test 3–5 days after last contact with person with COVID-19, even if no symptoms **LAB CONFIRMED COVID-19 IN PAST 90 DAYS:** • If **no** symptoms, **no** quarantine and **no** test	• **POSITIVE** COVID-19 test (**UNVACCINATED AND FULLY VACCINATED[1]**), **SEE ABOVE** • **NEGATIVE** COVID-19 test: **UNVACCINATED:** o Continue 10-day[2] quarantine period o Test again 5–7 days after last contact **or** immediately if you develop symptoms o Self-monitor for 14 days after last contact o If you develop symptoms, immediately self-isolate and get tested **FULLY VACCINATED[1]:** o Self-monitor for 14 days after last contact o If you develop symptoms, immediately self-isolate and get tested • **LAB CONFIRMED COVID-19 IN PAST 90 DAYS:** o Self-monitor for 14 days after last contact o If you develop symptoms, immediately self-isolate and contact your healthcare provider
ILLNESS with low clinical suspicion for COVID-19 **or** **PAST MEDICAL HISTORY OF OTHER ETIOLOGY** (e.g., allergy, asthma)	• **TEST FOR COVID-19** • Provider to use clinical judgement on a case-by-case basis	• **POSITIVE** COVID-19 test (**UNVACCINATED AND FULLY VACCINATED[1]**), **SEE ABOVE** • **NEGATIVE** COVID-19 test **or** not tested: o May return to work if symptoms resolving **and** no fever for 24 hours without the use of fever-reducing medications

[1] People are fully vaccinated 2 weeks after their second dose in a 2-dose series, such as Pfizer-BioNTech or Moderna, or 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine.
[2] Quarantine is 14 days for close contacts living or working in congregate settings, including if there are household members who work in congregate settings (e.g., correctional facilities).
Note: If a person with suspected COVID-19 refuses testing, follow guidance for **POSITIVE** COVID-19 test (Unvaccinated or Fully Vaccinated[1]) above.

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